Gluttony
Discussion Questions

1. Which food, drink or meal would it be hardest for you to give up and why?[1]

2. When tempted to change stones into bread, Jesus quoted scripture: “It is written, ‘Man shall not live by bread alone’” (Luke 4:4). Given the context, what do you think he meant, and what has that to say about gluttony?

3. Look at Jesus’ parable of the rich fool (Luke 12:13-21) and at 1 Cor 15:32. How might gluttony be linked to materialistic secularism on the one hand, and unbelief, hopelessness, existential despair on the other?

4. Do you eat too hastily, greedily, sumptuously or daintily?[2]

5. How is fasting different from dieting? How is feasting different from gluttony?[3]

6. Look at Jesus’ story of the Rich Man and Lazarus (Luke 16:19-25). How is gluttony - in all its various forms - a failure to love our neighbour?

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[1] Glittering Vices 2nd ed, DeYoung, 187.

[2] Hitlist, Hedges, 102.

[3] Glittering Vices 2nd ed, DeYoung, 187.